



Back to the Suture - Ultimate Key to the Optimal Healing

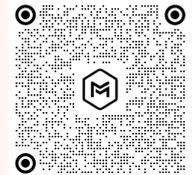
Prof. JC (Jung-Chul) Park

Tue 25 Nov 2025, 6pm - 9pm AEDT | \$300+GST | 3 CPD Hours

This is an online-only webinar via Zoom. Registration closes on Wed, 19 Nov.

Highlights

-  Principles of knots and sutures
-  Best 10 suture techniques for various applications
-  Hands on training using specially-designed suture model



Course Sneak Peak

Figure 1
Ethilon 6-0



Two weeks post-op review. The suture has been non-plaque retentive. In addition, the sutures on the labial side were buried in the soft tissue and not clearly visible.

Figure 2 - 6
Comparisons of different materials and sizes of sutures



Fig 2. Dafilon 5-0
5-0 was chosen in this case to minimise soft tissue trauma.

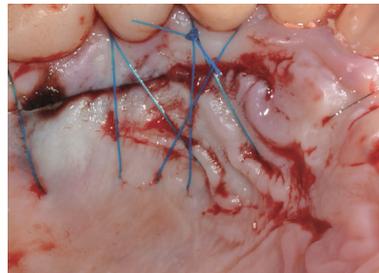


Fig 3. Ethilon 4-0
Ethilon is another type of nylon suture material.



Fig 4. Ethilon 6-0



Fig 5. Ethilon 7-0
The premolar region to the left was sutured with Ethilon 6-0. The 6-0 is already relatively thin but when it's shown next to the 7-0, it does not appear thin at all.



Fig 6. Vicryl 3-0
Apical flap positioning was performed concurrently with the second stage surgery. A larger needle size was chosen for a crisper surgery. The knots are larger, and the sutures are thicker.

Course Overview

Over the past 20 years of performing periodontal and implant surgeries, I have realised that the key to successful healing lies in suturing. Through extensive research and countless surgical cases— (in Korea, the number of patients is truly beyond imagination) — I have gained and refined deep expertise in suturing techniques. A few years ago, I compiled this knowledge into a textbook titled **"BACK TO THE SUTURE"**, and since then, I have shared these insights with thousands of dentists through lectures and workshops.

In this upcoming course, I aim to deliver the essence of that experience in an online format. In particular, participants will be able to practice using a custom-designed suturing model that I personally developed, allowing you to train in conditions that closely mimic real clinical situations.

There is a saying — though somewhat embarrassingly true — **"Simple interrupted sutures are the first sutures dental students learn, and the only ones they use for a lifetime."** Through mastering truly effective suturing techniques, you can elevate your clinical outcomes tenfold — or even a hundredfold.

Course Director



Prof. JC (Jung-Chul) Park DDS, MSD, PhD

Prof. Park is an internationally respected periodontist and implant researcher, renowned for winning the **2013 André Schroeder Research Prize** for his groundbreaking study on alveolar bone-derived stromal cells. Former Chair of Periodontology at Dankook University (2014–2021), he currently leads Yonsei Good-day Dental Clinic in Seoul, Korea and serves as an adjunct professor at the Catholic University of Korea and Dankook University. A dedicated educator and Google Certified Innovator, Trainer, and Educator (Level 1 & 2), Prof. Jung-Chul Park actively promotes digital transformation and Moonshot Thinking across leading institutions and corporations. He has delivered over 100 lectures worldwide and currently serves as Associate Editor of the Journal of Periodontal and Implant Science and ITI Study Club Co-director.

Chill at home with suture & beer

Master the techniques for the optimal healing with hands-on webinar while enjoying a nice cold beer at home.

P.S. The drink's on us.



We provide



<Back to the Suture>
Suture Pad



Drink
(It's on us!)

Prepare your

1. Blade holder & #12, #15 blades
2. Tissue forceps
3. Needle holder
4. Scissors
5. Orban knife
6. Periosteal elevator
7. 4-0, 5-0, 6-0 suture (Nylon recommended)
Prepare black silk, vicryl, and supramid too if you would like to try various materials.